

## Patient Leaflet

### NORTH CONNECT Social Prescribing Link Worker Service



**Claire**

*Dear Patient,*

*Your GP team at Carepoint Practice have asked me to get in touch with you to help support you with any social, emotional or practical needs. My name is Claire and I am the Social Prescribing Link Worker connected to your GP practice. My job is to ultimately improve your health and wellbeing. I look forward to calling you initially to discuss your needs and then to help you to identify your practical and achievable goals. I can also help connect you to the right services or support groups within the community. I look forward to meeting with you soon!*

#### What will happen next

- I will contact you as soon as I have availability. During our first meeting we can discuss whether I am able to offer you support and if you would like to use this service.
- If you have not heard from me within 3 weeks of being referred to this service please call the Carepoint Practice reception team to chase this.

#### Support you will receive

- I am trained to deal with your non-clinical needs. I can offer you practical and emotional support and connect you with local support services to help you improve your health and wellbeing.
- Together we will create an action plan for you called the Personalised Care and Support Plan. This will be based on what really matters to you.

#### Duration of support

- I will follow up with you at agreed intervals for up to 3 months, depending on your needs and progress.
- If you would like to re-join this service after this time you are welcome to request a new referral from Carepoint Practice.